

# Financial Counselling and Disaster Recovery

## FINANCIAL IMPACTS OF DISASTERS

Disasters have significant financial impacts on those who have been affected. Those impacts can be experienced in a range of ways – some more obvious than others.

Common experiences may include:

- > dealing with the cost to rebuild or repair lost or damaged property
- > reduced income due to loss or disruption of work
- > struggling to manage the household finances while trying to cope with trauma
- > vulnerability to financial abuse by a relative or close contact

Disasters create financial stress and hardship that can affect anyone, including people who have not previously needed assistance.

Underlying or unaddressed financial issues may have been present prior to the disaster, and financial impacts can be experienced for many years after the event.

### HOW A FINANCIAL COUNSELLOR CAN HELP FOLLOWING A DISASTER

Financial counselling is a free and confidential service available for anyone affected by a disaster.

A financial counsellor can help someone:

- > access relief for utility bills and other payments
- > understand their government income and other entitlements
- > negotiate with their bank on debt issues
- > review and understand their insurance options
- > explore their options and can advocate on their behalf.

Speaking to a financial counsellor early can help stabilise a person's finances, reduce stress and allow them to focus on other areas of recovery.

Financial counselling is not a time-limited service - it is never too late to speak to a financial counsellor.

## **REFERRING A CLIENT TO A FINANCIAL COUNSELLOR**

Financial counsellors combine a mix of technical skills – requiring familiarity with key legal frameworks – with general counselling skills.

Financial counsellors are professionals, working under a specific ASIC legislative instrument that exempts them from holding a credit licence or Australian Financial Services Licence (AFSL). They are required to undertake continuing professional development and professional supervision each year to maintain their membership of their professional body. They must maintain eligibility for membership under the terms of the ASIC instrument.

Financial counsellors are required to work without conflicts, and provide confidential services to people in or at risk of financial hardship. The service must be provided to their clients free of charge, and cannot be funded on a fee-for-service basis. This means financial counsellors are typically employed by community organisations, and cannot hang out a shingle as an individual practitioner. Funding for these services is typically from government or philanthropic sources.

Financial counsellors are not financial planners or advisors, accountants or lawyers, and they will make appropriate referrals to those types of professional services, including therapeutic counselling, where assistance is needed beyond their scope of practice.

## YOUR LOCAL FINANCIAL COUNSELLING SERVICE

As part of the 2022 Flood Recovery Support Program, the Victorian Government has provided funding to increase financial counselling service capacity in the regions most severely impacted by the disaster. Contact your local financial counselling service for assistance.

### CAMPASPE/LODDON:

Anglicare Victoria	1800 244 323	financial.counselling@anglicarevic.org.au
GOULBURN:		
Primary Care Connect	03 5823 3200	intake@primarycareconnect.com.au
MALLEE:		
Mallee Family Care	1800 623 263	fincounselling@malleefamilycare.com.au
WESTERN MELBOURNE:		
Anglicare Victoria	03 9731 2500	fcwest@anglicarevic.org.au
YARRA RANGES AND MURRINDINDI:		
EACH	03 9871 1817	fcintake@each.com.au
HEPBURN/CENTRAL HIGHLANDS:		
CAFS Ballarat	1800 692 237	welcome@cafs.org.au

Funding for the Disaster Reocvery Financial Counselling Program is provided by the Victorian Government



## Financial Counselling Empowerment Model in the Disaster Recovery Cycle

### Forward Planning

**Financial counsellors** can provide information and options for people considering their disaster preparedness. Other disaster response and recovery services should incorporate financial counselling into disaster planning.

### **Immediate Aftermath**

Focus is on managing stress and uncertainty. Financial counsellors are available as a source of information on grants, government and other assistance, and insurance.

#### Early Intervention

Early intervention from a financial counsellor can help stabilise a person's finances and provide them with guidance on insurance issues.

### Long-term Impacts

The impacts of a disaster can be felt for years after the event. Financial counselling can reduce negative mental health impacts from financial issues, allowing people to focus on recovery.

### Recovery

Financial counsellors work with people to empower them to self-advocate, maximise income, negotiate debts, and deal with creditors.

FCVIC Financial Counselling Victoria Inc.