All Australian's should have
the right to healthy, affordable
and culturally acceptable food

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Acknowledgements

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"No one should be disadvantaged by the food that they have to eat, to be able to live in their house...

But at times you have to choose between food or your house, or your warmth, or the internet for your children.

You shouldn't have to. You should be able to do it all.

We don't live in a third world country, but sometimes parts of it feel like it is"

- Single mother living in regional Victoria

Zorbas et al, 2023

Price Increases from 2020 to 2023
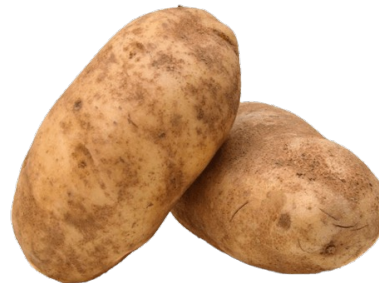
(Overall increase of 6-10% per year)

+55%

+45%

+39%

+30%

+36%

+33%

Sourced from: PriceTracker, Deakin, 2024

A healthy diet costs >$600/fortnight

Zorbas et al, 2022

FOOD INSECURITY

In 2023: 3.7 million Australian households (36%) experienced moderate to severe food insecurity (10% increase)

FoodBank Hunger Report 2023

"Our cultural food is healthy, but we can't afford it because it's too expensive"
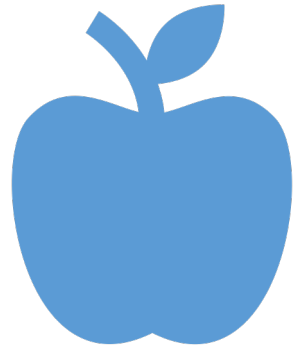
- African Australian young person

FoodPATH - high and growing costs of healthy, staple foods are a major barrier to good nutrition

Food Policies for Aboriginal and Torres Strait Islander Health (FoodPATH)

Community Report

Zorbas and Muse, 2024

Browne et al, 2023

What needs to be done?

Bring the price of healthy staple foods down

Raise the job seeker rate