

# Money Check Up

Money troubles can add to your stress. Sometimes money doesn't stretch far enough, and finding the right help can be difficult.

- Not enough money?
- Feeling under pressure to meet payments?
- Looking for a way forward?

Come and have a friendly chat with us –



We are financial counsellors. We work alongside you and help you sort out your money problems. Our assistance is free and confidential – no one will know what you talk about. We are completely independent – we focus on your needs and choices.

What to expect –

- Get in touch:
  - Call or email your local financial counselling service to book your free appointment
- At our first appointment, we will:
  - Hear your story and what is important to you
  - Work out what we can do together to help you
- We can meet again as needed to work through the steps to getting back on track.

Your local financial counselling service is...

