



# The VIA Classification of 24 Character Strengths

### Wisdom

#### CREATIVITY

- · Clever
- · Original & Adaptive
- · Problem Solver

#### CURIOSITY

- Interested
- · Explores new things
- · Open to new ideas

#### JUDGMENT

- · Critical thinker
- Thinks things through
- · Open-minded

#### LOVE OF LEARNING

- Masters new skills & topics
- Systematically adds to knowledge

#### **PERSPECTIVE**

- · Wise
- Provides wise counsel
- Takes the big picture view

### Courage

#### BRAVERY

- · Shows valor
- Doesn't shrink from fear
- Speaks up for what's right

#### PERSEVERANCE

- Persistent
- · Industrious
- Finishes what one starts

#### HONESTY

- Authentic
- Trustworthy
- · Sincere

#### ZEST

- Enthusiastic
- Energetic
- Doesn't do things half-heartedly.

### Humanity

#### LOVE

- · Warm and genuine
- Values close relationships

### KINDNESS

- Generous
- NurturingCaring

Altruistic

Compassionate

#### SOCIAL INTELLIGENCE • Aware of the

- Aware of the motives and feelings of self/others
- Knows what makes others tick

### **Justice**

#### **TEAMWORK**

- Team playerSocially responsible
- · Loyal

#### FAIRNESS

- Just
- Doesn't let feelings bias decisions about others

#### **LEADERSHIP**

- Organizes group activites
- Encourages a group to get things done

### **Temperance**

#### **FORGIVENESS**

- Merciful
- Accepts others' shortcomings
- · Gives people a second chance

#### HUMILITY

- Modest
- Lets one's accomplishments speak for themselves

#### PRUDENCE

- · Careful
- · Cautious
- Doesn't take undue risks

#### SELF-REGULATION

- · Self-controled
- Disciplined
- Manages impulses and emotions

# Transcendence

#### APPRECIATION OF BEAUTY & EXCELLENCE

- Feels awe and wonder in beauty
- Inspired by goodness of others

#### GRATITUDE

- Thankful for the good
- Expresses thanks
- Feels blessed

#### HOPE

- Optimistic
- Future-minded
- Future Orientated

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## HUMORPlayful

- Brings smiles to others
- · Lighthearted

#### SPIRITUALITY

- Searches for meaningFeels a sense of
- purpose
  Senses a relationship with the sacred